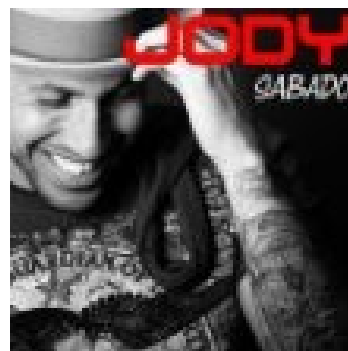


Sabado



Choreographed by Tony Wilson, USA , 12th July 2012

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4 wall 32 count, Beginner Improver Samba style line dance

Music: Sabado by Jody Bernal, 94 BPM

\$0 .99 download available on iTunes and Amazon

Start on vocals

SNAKE ROLLS R&L, SIDE TOG. SIDE TOUCH

- 1 Step R to right...*arms above head hands with palms together up to right L hip to left L shoulder up*
&2 *Arms above head hands together to left R hip to right R shoulder up, ... shift weight to L*
&3 *Arms above head hands together to right L hip to left L shoulder up, ... shift weight to R*
&4 *Arms above head hands together to left R hip to right R shoulder up, ... shift weight to L*
& Drop hands to chest level
5 Step R to right...*L shoulder up L hip to left*
6 Step L next to R...*R shoulder up R hip to right,*
7 Step R to right...*L shoulder up L hip to left*
8 Touch L next to R...*R shoulder up R hip to right*
Counts 1-4... Hands, arms and body moving like a snake

SIDE TOG. SIDE TOUCH, 1/4 TURN 1/4 TURN LEFT

- 9 Step L to left...*R shoulder up R hip to right*
10 Step R next to L...*L shoulder up L hip to left*
11 Step L to left...*R shoulder up R hip to right*
12 Touch R next to L...*L shoulder up L hip to left*
13-14 Pivot 1/4 left...*R hip out as you turn*
15-16 Pivot 1/4 left...*R hip out as you turn*
Counts 1-16...Latin hips!
5-16 option...Hands lightly clenched, rolling at chest level

SAMBA STEPS R &L, CROSS SHUFFLE RLR 1/4 TURN RIGHT

- 17&18 Cross R over L, recover on L, step R next to L
19&20 Cross L over R, recover on R, step L next to R
21&22 Cross R over L, step L slightly left, cross R over L
23-24 Step L back, turning 1/4 right step R to right

SAMBA STEPS L&R, CROSS SHUFFLE LRL 1/4 TURN LEFT

- 25&26 Cross L over R, recover on R, step L next to R
27&28 Cross R over L, recover on L, step R next to L
29&30 Cross L over R, step R slightly right, cross L over R
31-32 Step R back, turning 1/4 left step L to left

Turn 1/4 left to start again

The dance rotates clockwise and ends on front wall on count 1